

ASLMU Senate

Resolution SR 22-04

Increasing Awareness of TimelyCare's Services

I. WHEREAS the American Psychological Association APA found that more than 60% of college students suffered from one or more mental health illnesses during the 2020-2021 academic year,¹

II. WHEREAS of fall 2022 there are 7,138 undergraduates attending Loyola Marymount University (LMU), thousands of which struggle with at least one mental illness,²

III. WHEREAS at the core of Loyola Marymount University's mission is "the education of the whole person," which includes the mind, body and spirit. Implementing new legitimate mental health resources on campus will move LMU closer to fulfilling this mission, and may relieve the existing mental health services on campus by dispersing traffic,³

IV. WHEREAS Student Psychological Services (SPS) is an in-person therapy resource on campus provided to limited LMU students. In recent years, SPS has seen a significant increase in students seeking psychological care. It is unrealistic to expect SPS— a small team of passionate therapists and mental health activists— to accommodate thousands of students in need,⁴

V. WHEREAS Community of Care (COC) is another on campus mental health service available to students who are struggling with personal, behavioral, and overall welfare issues. COC also struggles to reach all students in need,⁵

VI. WHEREAS TimelyCare is a 24/7 online therapy platform that is free to all students at LMU. Students are able to speak with licensed professionals either on the phone or via video platforms where all information, unless harmful, is kept confidential,⁶

VII. WHEREAS despite the recent introduction of TimelyCare to the LMU student body, many students are unaware of this resource and that it is free to all students and available 24/7,

VIII. WHEREAS through greater promotion and awareness of the resources available to LMU students via TimelyCare, pressure may be lifted off the more-known and overwhelmed resources on campus like COC and SPS,

¹ <https://www.apa.org/monitor/2022/10/mental-health-campus-care>

² <https://www.lmu.edu/about/factsfiguresrankings/>

³ <https://www.lmu.edu/about/mission/>

⁴ <https://studentaffairs.lmu.edu/wellness/studentpsychologicalservices/>

⁵ <https://studentaffairs.lmu.edu/wellness/coc/>

⁶ <https://studentaffairs.lmu.edu/wellness/studentpsychologicalservices/servicesforstudents/timelycare/>

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IX. THEREFORE BE IT RESOLVED the Associated Students of Loyola Marymount University (ASLMU) request that LMU administration and staff work to better understand the importance of the resources that TimelyCare provides,

X. THEREFORE BE IT RESOLVED ASLMU will make an extra effort to bring awareness to Timely Care by providing resource information on the website and social media platform(s),

XI. THEREFORE BE IT RESOLVED that TimelyCare is an important resource for LMU students, and must be better promoted to the student-body.



Saul Rascon Salazar
ASLMU President


Gabriella Zeakle
ASLMU Executive Vice President


Jeremy Valle
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Nehemiah Clayton
Speaker of the Senate


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